

**Social Story for the Relaxed
Performance of
'The Dream Sequence'**





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What is a relaxed performance?

We have chosen to make this performance relaxed for anyone who would benefit from a more relaxed theatre environment – including those with autism spectrum conditions, sensory and communication disorders, or a learning disability.

This means that audience members are welcome to move about, stand up, and make noise throughout the show. Should you wish to leave the performance mid-way and re-enter, this is okay! There will be a chillout space near the performance space for this purpose, which one of The Dot Collective team will show you when you get there. Please enjoy the show in a way that suits you.

This social story contains information about the show, alongside images to help you prepare for your visit.

The Dream Sequence is 1 hour long, with no interval. If you would like to take a break at any point, please do!

Contact Details

If you have any further questions after reading our social story, please contact Laura on:
Email: Laura@thedotcollective.com

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About the location

When you arrive, one of our team will be there to greet you!



This is what the performance space looks like where you will watch the performance. You will be outdoors for the performance. You can move around or talk if you need to.



There is a chillout space where you can take a break. You can go back into the show when you feel ready.

These are the toilets. You can use them before, during, and after the performance.

During the performance, if it is too noisy, you can cover your ears or wear ear defenders.

It is okay to feel happy or sad during the performance. Other people might too. They may laugh or cry depending on how they feel, this is okay.

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The performance space and setup

The Dream Sequence is a family show set on a Paradise Island. One of the characters, Lou Sid, wants to find out what the audience (that's you!) might like on their Paradise Island. Other characters come to visit the island, and she wants to make their dreams come true.

This show is make-believe. Paradise Island isn't real, and the characters are all played by actors, who you can meet before the show begins.

The floor of Paradise Island is made to look like sand and sea so will be yellow and blue. This is done with material and puzzle mats. There are a lot of colourful props on the island, which are used in the show; like buckets and spades, and umbrellas.

Aerial work



You will see 3 structures in the performance space, which the performers will climb at points in the show. The structures have been made specially for climbing on, but it's important that you don't touch them. Sometimes they will climb to the top. They've had lots of practice at this, so they will be safe.



One of the structures (the one in the middle) looks like a triangle or a volcano. It has a rope hanging from the middle of it. The performers will climb up the rope, and sometimes tumble down it. This is called 'aerial circus'. They are very good at this because they have practiced a lot so while it might look scary, they will be safe.

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The characters



This Lou Sid. Lou Sid is played by Grace. She works on the island. Her job is make everyone's dreams come true. She has a lot of energy and is very friendly. Sometimes when things go wrong, she can get upset, but that's okay! The other characters are there to help her.



This is Cloud. Cloud is played by Maisie and is the boss on the island. Cloud is a cloud. She can get sad as well sometimes, and when she gets sad, it rains! Just like when Lou Sid gets sad, the other characters are there to help Cloud.

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This is Goggi. Goggi is played by Char or Alex, depending on which show you come to see.

Goggi is a visitor on the island. They sometimes carry around a photo. You can see it in this picture. This is because they like thinking about their memories; the things that happened to them in the past.



This is Pompi. Pompi is played by Ed or Char, depending on which show you come to see.

Pompi is a visitor on the island too. They are indecisive about what they want, and sometimes they get very excited.

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This is Bing and Bong. Bing and Bong are crabs and they are played by Char, Alex, and Ed, depending on which show you come to. They help Lou Sid to collect people's dreams. They might ask you when you arrive what you would like on your island. If you'd like to, you can answer, but you don't have to if you don't want to.

Bing and Bong are energetic and sometimes silly.

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Sound and scary bits

- There are some loud noises in the show including thunder. The thunder you hear in the show is recorded and it isn't real. The sound will end, and lasts about a minute (which is less than the length of a song). If you don't like it, you can cover your ears, or wear ear defenders.
- Another loud noise you will hear is a 'bing bong'. It might be a bit surprising, and if it does surprise you, you can scream, or cover your ears. It is a bit like a doorbell and lasts the same amount of time.
- There is part of the show where the music gets faster. If you don't like it, you can cover your ears or leave the performance area.
- Sometimes the performers argue and are frustrated. If you find this unsettling you can remember they are only pretending, and they do make up in the end.
- Sometimes the performers are sad. You might find this sad, or you might find it funny. You can laugh, or cry. The characters won't be sad forever.
- There are moments when performers might appear in bits of the set where you hadn't noticed them before. When Goggi first enters the stage, they come from behind a piece of yellow sparkly material. This might make you jump, or surprise you. If it does, you can scream, or hide.
- When Pompi first enters the stage, they come from underneath a big green umbrella at the top of one of the towers. This might make you laugh, or it might surprise you.

The Storyline

Spoiler Alert!

Below is a description of what happens during the show. If you don't want to know, don't read on. If you'd like to know what to expect during the show so that you can prepare yourself, this may be helpful.

We are going on an adventure on Paradise Island. It's a place where you can live out your dreams. There is a dream co-ordinator called Lou Sid, and there is a boss on the island called Cloud. Together they help people's dreams come to life.

Lou Sid and her crab friends; Bing and Bong will talk to the audience at the beginning of the show. If they talk to you, you can respond if you'd like to, but you don't have to. They will ask the audience what they would like on Paradise Island.



At the beginning of the story, everything is working as it should on the Island. Lou Sid and Cloud are happy, and the sun is shining.



There is a late arrival to the island; Pompi. Pompi can't decide what dream they would like. This means that making the dream happen is hard for Lou Sid and Cloud.



Just when they are trying to work out how they can make Pompei's dream come true, another late arrival turns up; Goggi. Goggi talks a lot about things that have already happened, but can't think of what they would like to happen in the future. This is frustrating for the staff on the island because they don't know how to help.



The frustration makes Cloud cry, and this makes it rain on the island.



Lou Sid has an idea to put Goggi and Pompei in each other's dreams to see if that helps them to know what to dream of.



They try this, but Goggi and Pompi can't work together. It all goes wrong and they fight.



This makes Cloud sad. Because Cloud is so upset, she causes a storm!



The Island is messy from the storm. Cloud has given up and Lou Sid is sad.



Goggi and Pompi realise that they have upset Lou Sid and Cloud and they come together for the first time to help bring the island back to what it was like before the storm.



They clean up the island, and dream together. This makes Cloud happy, and the sun comes out.



At the end of the show, Goggi and Pompi make sand castles together. Then Goggi, Pompi, Cloud and Lou Sid dance.



Once the show has finished, the performers will bow.



People will clap their hands to say thank you to the performers. You can clap your hands or wave your hands in the air if you want to.



Or if you don't like the noise, you can cover your ears with your hands.



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Thank you for reading our social story.

We hope you enjoy the show! If you have any questions, by all means, get in touch!
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